

# FOOTBALL DEVELOPMENT PROGRAM

TAKE YOUR GAME TO THE NEXT LEVEL.

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THE CARLTON COLLEGE OF SPORT FOOTBALL DEVELOPMENT PROGRAM OFFERS THE OPPORTUNITY FOR ANY DEVELOPING FOOTBALLER TO SPEND A YEAR UNDERTAKING AN AFL DESIGNED FOOTBALL DEVELOPMENT PROGRAM AT THE CARLTON FOOTBALL CLUB, WHILE SIMULTANEOUSLY ATTAINING A TERTIARY QUALIFICATION.

STUDY A DIPLOMA OF SPORT COACHING AND DEVELOPMENT OR DIPLOMA OF ELITE SPORT BUSINESS WHILE DEVELOPING YOUR FOOTBALL SKILLS, PHYSICAL ATTRIBUTES AND GAME UNDERSTANDING BY WORKING CLOSELY WITH CARLTON FOOTBALL CLUB COACHES AND HIGH-PERFORMANCE STAFF.







# WHO IS IT FOR?

This program is for any aspiring footballers who want to take their football performance to the next level by immersing themselves in a professional football environment.

We are looking for male and female players from NAB League, State League or community level football clubs who are looking to further develop their game, while obtaining a tertiary qualification.

# **HOW DOES IT WORK?**

- Successful applicants will enrol in a one-year Diploma of Higher Education at the Carlton College of Sport.
- Participants will undertake football development activities for 1–1.5 days per week at the Carlton Football Club, designed to complement normal training commitments.

These include but are not limited to:

- Strength and conditioning
- Craft and skills
- Individual development coaching
- Recovery and medical support
- Students will also attend theoretical classes 2–3 days per week, with access to training facilities and coaching staff around their academic timetable.
- The next intake for the program will begin on 15 February 2022.

# **HOW TO APPLY**

### STEP 1

### APPLY FOR THE FOOTBALL DEVELOPMENT PROGRAM

Apply directly through the <u>Carlton College of Sport website</u>. You will need to include a short personal statement that includes:

- A brief football overview; outline who you play for, what position you play, your strengths and weaknesses, awards won, representative teams etc.
- Your motivation for applying and your football aspirations.

### STEP 2

### APPLY FOR A CARLTON COLLEGE OF SPORT ACADEMIC DIPLOMA

Apply for either:

- · Diploma of Sport Coaching and Development
- Diploma of Elite Sport Business

Submit your application through VTAC (for current Year 12 students) or direct through La Trobe University (non-school leavers). Find out more about how to apply <u>here</u>.

### STEP 3

### ATTEND INTERVIEW

Interviews will be held following your application.

## WHAT'S NEXT?

- A staff member from the Carlton College of Sport will be in contact with you shortly after you submit your application to set up a time for your interview.
- Positions are limited, so interested participants are encouraged to apply early.
- Please note, an offer into the academic program from La Trobe reserves your spot in academic coursework at the Carlton College of Sport, but does not guarantee a place in the Football Development Program.
- If you are ultimately unsuccessful in your application to the Football Development Program, you are still able to enrol into and complete the traditional Carlton College of Sport work-placement program if you wish.

**APPLY NOW** 







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